



# Crocheted Izzy Doll Pattern

by Health Partners International Canada



## The Story of the Izzy Doll

An Izzy Doll is a small, handmade doll that has become a symbol of Canadian peacekeeping and humanitarian work. It was inspired by Master Corporal Mark "Izzy" Isfeld, a Canadian Military Engineer who lost his life while clearing landmines in Croatia.

Mark often carried these dolls, made by his mother Carol, to distribute to children in war-torn areas. The dolls brought comfort and joy to children who had experienced trauma and loss.

The Izzy Doll initiative continues today, with volunteers (like you!) knitting and crocheting dolls to be sent to children in need around the world. They are a powerful symbol of compassion and hope.

Thank you for participating in this worthwhile initiative.

## Did You Know?

Izzy dolls are designed to be transported by Canadian soldiers in the pockets of their uniforms. Please do not use any plastic buttons or metallic pieces as they could become choking hazards. They must be lightweight and the overall size of completed Izzy Dolls should be 13 to 16 cm (5 to 6 inches) in height.

## Get Creative!

Izzy Dolls must all resemble humans. Their "clothing" comes in all styles and colours and creativity is encouraged! Long hair, short hair, braided hair, no hair, skirts, dresses, shirts, pants, hats, bonnets, or the traditional UN blue beret and soldier uniform are all welcome!

Please vary the skin tones used. Note that only natural coloured skin tones such as light, medium or dark brown, or, white, cream or black are acceptable. Izzy Dolls are sent to a variety of different locations across the globe and our goal is for the children to feel that the Izzy Dolls represent them well.

## Materials Required

- G hook (4.00 mm)
- Worsted weight #4 yarn
  - Colour A for feet and face (please read note above for accepted face colours)
  - Colour B for pants/skirt
  - Colour C for top
  - Colour D for hat
  - Your choice of colour for eyes and mouth.
- Polyester fiberfill for stuffing
- Yarn needle



Thank you!

## Where To Send Completed Izzy Dolls?

Please see [izzydoll.org/en/drop-off-locations/](http://izzydoll.org/en/drop-off-locations/) or write to [info@izzydoll.org](mailto:info@izzydoll.org) Thank you for your contributions!

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Please note that Izzy Dolls are copyrighted and cannot be bought or sold for financial gain. They can only be given freely to comfort children in need. ©



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## Feet

- Chain (ch) 27.
- Foundation row: Colour A (feet). Single crochet (sc) in second chain from hook and single crochet in each chain to the end. Turn (26 sc).
- Row 2 – 3: Continue with Colour A ch 1 (ch 1 does not count as first stitch) sc in each sc to end. Turn (3 rows includes foundation row) Fasten off at end of Row 3.
- Leave a tail long enough to join the side and bottom seam when all rows have been crocheted.

## Pants / Skirt

- Row 4 – 11: Colour B (pants or skirt). Chain (ch) 1. Single crochet (sc) in first stitch and each st until end of row. Turn. Continue for 8 rows. Fasten off at end of Row 11. Leave tail for sewing the seam.

## Top

- Row 12 – 19: Colour C (top). Slip stitch in first sc. Ch 1, Sc in first stitch and each st to end of row. Turn. Continue for 8 rows. Fasten off at end of Row 19. Leave tail for sewing the seam. tail for sewing the seam.

## Face

- Row 20 – 25: Colour A (face). Ch 1. Sc in first stitch and each st to end of row. Turn. Continue for 6 rows. Fasten off at end of Row 25. Leave tail for sewing seam.
- \*Izzy Dolls are forwarded to many countries around the world, please use different natural skin tones and shades of wool for the face.

## Hat

- Row 26 – 31: Colour D (hat). Chain (ch) 1. Single crochet (sc) in first stitch and each st to end of row. Continue for 6 rows. Fasten off at end of Row 31. Leave tail for sewing seam.

## Eyes and Mouth

- After assembly, using embroidery thread or yarn add eyes and a mouth to your doll. Eyes can be any natural eye colour (light or dark brown, blue, green, or black).

## Assembly

- You should have a rectangle with colour blocks. Fold work in half, match colour blocks and join seam with each colour tail that you have left. Weave ends into work.
- Turn inside out so that the sewn seam is to the inside. Fill with polyester stuffing until doll is a reasonable size. This is a personal decision as to what looks best. Too much filling will pull the stitches apart and too little will make a 'skinny' doll.
- Once you have filled the doll to your liking sew the hat closed at the top.
- Using Colour C and yarn needle, anchor yarn at the beginning and weave yarn through all single crochets. Once you've made it back to the beginning pull the hat closed and fasten off.
- You can be as creative as you like with added embellishments such as lace, crocheted bow, belt, buttons or hair. All embellishments must be crocheted or embroidered, no plastic or metal additions are permitted.

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