



# Crocheted Izzy Doll Pattern

by Izzy Doll Mama  
Shirley O'Connell



## The Story of the Izzy Doll

An Izzy Doll is a small, handmade doll that has become a symbol of Canadian peacekeeping and humanitarian work. It was inspired by Master Corporal Mark "Izzy" Isfeld, a Canadian Military Engineer who lost his life while clearing landmines in Croatia.

Mark often carried these dolls, made by his mother Carol, to distribute to children in war-torn areas. The dolls brought comfort and joy to children who had experienced trauma and loss.

The Izzy Doll initiative continues today, with volunteers (like you!) knitting and crocheting dolls to be sent to children in need around the world. They are a powerful symbol of compassion and hope.

Thank you for participating in this worthwhile initiative.

## Did You Know?

Izzy dolls are designed to be transported by Canadian soldiers in the pockets of their uniforms. Please do not use any plastic buttons or metallic pieces as they could become choking hazards. They must be lightweight and the overall size of completed Izzy Dolls should be 13 to 16 cm (5 to 6 inches) in height.

## Get Creative!

Izzy Dolls must all resemble humans. Their "clothing" comes in all styles and colours and creativity is encouraged! Long hair, short hair, braided hair, no hair, skirts, dresses, shirts, pants, hats, bonnets, or the traditional UN blue beret and soldier uniform are all welcome!

Please vary the skin tones used. Note that only natural coloured skin tones such as light, medium or dark brown, black, or, white, cream, pink are acceptable. Izzy Dolls are sent to a variety of different locations across the globe and our goal is for the children to feel that the Izzy Dolls represent them well.



## Materials Required

- Synthetic yarn should be used to prevent shrinking. Light Worsted (3) or Double Knitting (DK) works best.
  - Colour A (skin tone - remember to vary skin tones), Colour B (body colour), Colour C (leg colour), Colour D (black/blue for shoes), Colour E (red/pink for mouth).
- Crochet hooks in sizes G (4mm) & size E (3.5 mm).
- Place markers (*PM*) to mark stitches,
- Yarn needle for sewing parts together.
- Synthetic batting or stuffing.

## Glossary

<i>Ch</i>	Chain
<i>Rep</i>	Repeat
<i>Rnd</i>	Round
<i>Sc</i>	Single Crochet
<i>St</i>	Stitch
<i>Sl st</i>	Slip Stitch
<i>Sc2tog</i>	Crochet 2 Together
<i>Hdc</i>	Half Double Crochet
<i>PM</i>	Place Marker

## Where To Send Completed Izzy Dolls?

Please see [izzydoll.org/en/drop-off-locations/](http://izzydoll.org/en/drop-off-locations/) or write to [info@izzydoll.org](mailto:info@izzydoll.org) Thank you for your contributions!

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## Head / Upper Body

- Colour A (skin tone), *ch* 3. *Sl st* in first stitch to form ring.
- Rnd 1:** 6 *sc* in ring. Do not join in round. Place marker (*PM*) in last *st* to mark end of round. Continue moving *PM* at the end of each round throughout pattern steps.
- Rnd 2:** 2 *sc* in each *sc* around. (12 *sc*).
- Rnd 3:** \* 2 *sc* in next *sc*. *sc* in next *sc*. Rep from \* around. (18 *sc*)
- Rnd 4:** \* 2 *sc* in next *sc*. *sc* in each of next 2 *sc*. Rep from \* around. (24 *sc*)
- Rnd 5:** \* 2 *sc* in next *sc*. *sc* in each of next 3 *sc*. Rep from \* around. (30 *sc*)
- Rnd 6-10:** *sc* in each *sc* around.
- Rnd 11:** \* Draw loop through each of next 2 *sc*. Draw yarn through all 3 loops on hook - 2 *sc* together made. *sc* in each of next 3 *sc*. Rep from \* around. (24 *sc*)
- Rnd 12:** *Sc2tog* 6 times around. (12 *sc*)
- Rnd 13-14:** *sc* in each *sc* around.
- Rnd 15:** Join Colour B (body colour). 2 *sc* in each *sc* around. (24 *sc*)
- Rnd 16:** \* 2 *sc* in next *sc*. *sc* in each of next 3 *sc*. Rep from \* around. (30 *sc*)
- Rnd 17:** \* 2 *sc* in next *sc*. *sc* in each of next 4 *sc*. Rep from \* around. (36 *sc*)
- Rnd 18:** \* 2 *sc* in next *sc*. *sc* in each of next 5 *sc*. Rep from \* around. (42 *sc*)
- Rnd 19:** *sc* in next 5 *sc*. Insert hook in next *sc*. Count 9 *sc* from this *sc* and insert hook in 9<sup>th</sup> *sc*. *Sl st* together. Smaller round for arm now made.

## Right Arm

- Colour B (body colour)
- Rnd 1:** *Ch* 1. *sc* in same *sc*. *sc* in each of next 10 *sc*. (12 *sc*) *PM*
- Rnd 2-5:** *sc* in each *sc* around.
- Rnd 6:** Join Colour A (skin tone). *sc* in each *sc* around. (12 *sc*)
- Rnd 7:** \* *Sc2tog*. *sc* in next *sc*. Rep from \* around
- Rnd 8 to end:** *Sc2tog* to *sc* remaining.
- Fasten off.
- Draw yarn snugly through middle.

## Left Arm

- Colour B (body colour)
- Rnd 1:** Count 5 *sc* to the right of the marker. Insert hook in 6<sup>th</sup> *sc*. Count back to 10<sup>th</sup> *sc* and insert hook. *Sl st* together. *PM*.
- Rnd 2-5:** 1 *sc* in each *sc* around.
- Rnd 6:** Join Colour A (skin tone). 1 *sc* in each *sc* around. (12 *sc*)
- Rnd 7:** \* *Sc2tog*. 1 *sc* in next *sc*. Rep from \* around
- Rnd 8 to end:** *Sc2tog* to 1 *sc* remaining.
- Fasten off.
- Stuff head, arms and this portion of upper body.

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Please see [izzydoll.org/en/drop-off-locations/](http://izzydoll.org/en/drop-off-locations/) or write to [info@izzydoll.org](mailto:info@izzydoll.org) Thank you for your contributions!

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## Body

- Colour B (body colour)
- With marker side facing, insert hook in the 6th sc to right of marker.
- Rnd 1:** *Ch 1, sc in same st. Sc in each of next 11 sc. 2 sc in arm joint sc. Sc in each of next 11 sc. (26 sc) PM*
- Rnd 2-5:** *sc in 26 sc around.*
- Rnd 6-8:** *Join Colour C (leg colour). sc in each of 26 sc.*
- Stuff body.

## Left Leg

- Colour C (leg colour)
- Sc in next 6 sc. Insert hook in 7th sc. Count to 13<sup>th</sup> sc. Insert hook in 13th sc. Sl st together ch 1. (Counts as 1<sup>st</sup> sc.) Smaller round for leg now made. (13 sc) PM*
- Rnd 1-7:** *sc in each sc around.*
- Rnd 8:** *Join Colour D (shoe colour). sc in each sc around.*
- Rnd 9-11:** *sc in each sc around.*
- Rnd 12:** *Sc2tog in each sc around to last sc. sc in last sc.*
- Cut yarn leaving tail to sew seam.
- Stuff leg.
- Sew seam.

## Right Leg

- Colour C (leg colour)
- Insert hook in same sc as first sc of Left Leg. Sl st together. Ch 1. (Counts as 1<sup>st</sup> sc.) sc in each of next 12 sc. (13 sc) PM*
- Rnd 1-7:** *sc in each sc around. Sl st in next 2 sc. PM*
- Rnd 8:** *Join Colour D (shoe colour). sc in each sc around.*
- Rnd 9-11:** *sc in each sc around.*
- Rnd 12:** *Sc2tog in each sc around to last sc. sc in last sc.*
- Cut yarn leaving tail to sew seam.
- Stuff leg.
- Sew seam.



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## Hat

- Colour B (body colour or complimentary colour), *ch* 3. *Sl st* in first stitch to form ring.
- Rnd 1:** 6 *sc* in ring. Do not join in round. Place marker (*PM*) in last *st* to mark end of round. Continue moving *PM* at the end of each round throughout pattern steps.
- Rnd 2:** 2 *sc* in each *sc* around. (12 *sc*).
- Rnd 3:** \* 2 *sc* in next *sc*. 1 *sc* in next *sc*. Rep from \* around. (18 *sc*)
- Rnd 4:** \* 2 *sc* in next *sc*. 1 *sc* in each of next 2 *sc*. Rep from \* around. (24 *sc*)
- Rnd 5:** \* 2 *sc* in next *sc*. 1 *sc* in each of next 3 *sc*. Rep from \* around. (30 *sc*)
- Rnd 6-7:** 1 *sc* in each *sc* around.
- Rnd 8:** Join Colour C (leg colour or complimentary trim colour). 1 *sc* in each *sc* around. *Sl st* in next *sc*.
- Fasten off.
- Sew onto head.
- Rnd 8 - Girl Doll Option:** This will create a scalloped trim to the Cap. \* 3 *hdc* in first *sc*. *Sl st* in next *sc*. Rep from \* to end.
- Rnd 8 - Peaked Cap Option:** Insert hook in any *sc*. *Ch* 1, *sc* in next 8 *sc*. \* Turn. *Sc2tog*, *sc* to last 2 *sc*, *sc2tog*. Rep from \* 3 times.

## Beret

- Colour F (United Nations blue), *ch* 3. *Sl st* in first stitch to form ring.
- Rnd 1:** 6 *sc* in ring. Do not join in round. Place marker (*PM*) in last *st* to mark end of round. Continue moving *PM* at the end of each round throughout pattern steps.
- Rnd 2:** 2 *sc* in each *sc* around. (12 *sc*).
- Rnd 3:** \* 2 *sc* in next *sc*. 1 *sc* in next *sc*. Rep from \* around. (18 *sc*)
- Rnd 4:** \* 2 *sc* in next *sc*. 1 *sc* in each of next 2 *sc*. Rep from \* around. (24 *sc*)
- Rnd 5:** \* 2 *sc* in next *sc*. 1 *sc* in each of next 3 *sc*. Rep from \* around. (30 *sc*)
- Rnd 6:** \* 2 *sc* in next *sc*. 1 *sc* in each of next 4 *sc*. Rep from \* around. (36 *sc*)
- Rnd 7:** \* 2 *sc* in next *sc*. 1 *sc* in each of next 5 *sc*. Rep from \* around. (42 *sc*)
- Rnd 8:** 1 *sc* in back loop only in each *sc* around.
- Rnd 9:** \* *Sc2tog*, 1 *sc* in next 5 *sc*. Rep from \* to end. (36 *sc*)
- Rnd 10:** \* *Sc2tog*, 1 *sc* in next 4 *sc*. Rep from \* to end. (30 *sc*)
- Rnd 11:** Join Colour D (black or contrasting colour for trim). 1 *sc* in each *sc* around.

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## Girl Doll

- ❑ Colour A (skin tone), *ch 3. Sl st* in first stitch to form ring.
- ❑ **Rnd 1:** 6 *sc* in ring. Do not join in round. Place marker in last *st* to mark end of round. Continue moving marker at the end of each round throughout pattern steps.
- ❑ **Rnd 2:** 2 *sc* in each *sc* around. (12 *sc*).
- ❑ **Rnd 3:** \* 2 *sc* in next *sc*. 1 *sc* in next *sc*. Rep from \* around. (18 *sc*)
- ❑ **Rnd 4:** \* 2 *sc* in next *sc*. 1 *sc* in each of next 2 *sc*. Rep from \* around. (24 *sc*)
- ❑ **Rnd 5:** \* 2 *sc* in next *sc*. 1 *sc* in each of next 3 *sc*. Rep from \* around. (30 *sc*)
- ❑ **Rnd 6-8:** Continuing with Colour B (body colour) 1 *sc* in each of 30 *sc* around.
- ❑ **Rnd 9:** Change to size E hook. Continue pattern from first round of LEFT LEG to end of RIGHT LEG instructions.



## Skirt

- ❑ Colour G (skirt colour), *ch 27 sc*. Join to form round. (26 *sc*)
- ❑ **Rnd 1:** 2 *sc* in next *sc*. 1 *sc* in each of next 2 *sc*. Rep from \* around ending with 2 *sc*.
- ❑ **Rnd 2-5:** (you can choose to make more rounds depending on the length you want to make the skirt) 1 *sc* in each *sc* around.
- ❑ **Rnd 6:** Join Colour H (trim colour or complimentary colour) \* 3 *hdc* in next *sc*. 1 *sc* in next *sc*. Rep from \* to end. *Sl st* in next *sc*.
- ❑ Fasten off.
- ❑ Weave in ends.
- ❑ Slide skirt onto body.
- ❑ Sew in place at waistline.

## Hair / Finishing

- ❑ Cut 18 pieces of wool in 26 cm (10 inch) lengths.
- ❑ Fold each strand of yarn in half.
- ❑ Locate the approximate centre line of the head from front to back. Starting just above the hairline, insert hook and draw through folded strand of yarn to form a small loop. Pull through the 2 dangling strands and pull snugly. Continue along centre line in this manner. Separate 18 strands to each side.
- ❑ Leave hair long, create pigtails or ponytails.
- ❑ If also adding a hat, sew hat on the head.
- ❑ Trim hair to desired length.
- ❑ Embroider face details.

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